






## FACTORS THAT SUPPORT CHILDREN'S WELLBEING, DEVELOPMENT AND LEARNING

	Family	Community
 <p><b>Physical health and wellbeing</b></p>	<p>Nourishment, warmth and shelter</p> <p>Opportunities to practice fine and gross motor skills</p> <p>Supportive environments that foster physical independence</p>	<p>Social support structures for families facing hardship</p> <p>Accessible and welcoming areas for children and families to engage in outdoor play</p> <p>Accessible health services</p> <p>Food security</p>
 <p><b>Social competence</b></p>	<p>Opportunities to interact with adults and peers</p> <p>Opportunities to play</p> <p>Consistency and support – set boundaries and limits while also understanding and celebrating children's emerging autonomy</p> <p>Story reading and play</p>	<p>Supports in ECEC services for children who are not coping with the demands of the learning and social environment</p> <p>Accessible, high quality early childhood education and care services or playgroups</p> <p>Opportunities to interact regularly with peers and develop friendships</p> <p>Opportunities for children to engage in free play with peers</p> <p>Support parents in their parenting</p>
 <p><b>Emotional maturity</b></p>	<p>Supportive adult interactions in the early years while learning to regulate emotions</p> <p>Opportunities to practice emotion regulation across settings and situations</p> <p>Supportive adult interactions in the early years while learning to persevere when challenged</p> <p>Adults who provide new information when children are calm and focused</p> <p>Adults who respond to children's emotions respectfully and empathetically</p> <p>Opportunities for play</p>	<p>Supports for children who have experienced trauma</p> <p>Trained educators who are able to support children who have experienced trauma</p> <p>Opportunities for play (e.g. playgroups)</p> <p>Opportunities for parents to develop skills and capabilities that will empower them to support their children's emotional development</p> <p>Low cost or no cost parenting supports for families facing hardship</p>

 <p><b>Language and cognitive skills (school-based)</b></p>	<p>Opportunities to practice memory, problem solving skills, and creative thinking</p> <p>Exposure to reading and numerical concepts</p> <p>Create learning opportunities in routine activities and play</p> <p>Language rich early environments that encourage children to talk and share what they know</p>	<p>Access to quality early childhood services (e.g. preschool and playgroup)</p>
 <p><b>Communication skills and general knowledge</b></p>	<p>Opportunities for listening and talking</p> <p>Imaginative play</p> <p>Story telling</p>	<p>Accessibility of high quality early learning environments (e.g. playgroups, library programs, child and parent centres)</p>